# A Happy Healthy Mouth

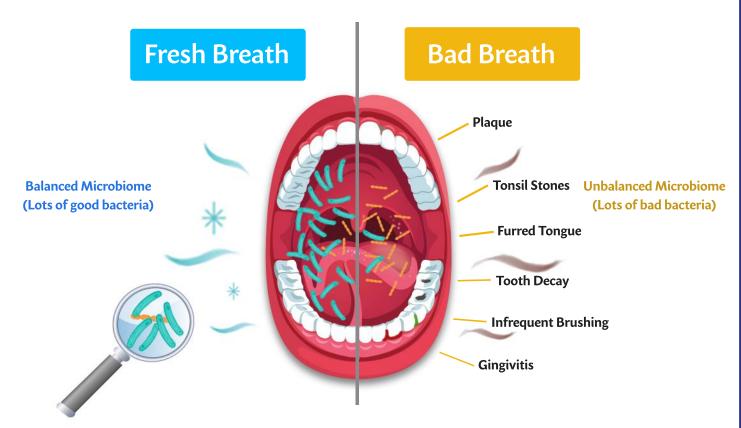
More of the good, less of the bad

#### What is the oral microbiome?

The micro-organisms (good and bad bacteria) living inside our oral cavity is known as the oral microbiome. Most of these bacteria are harmless and many are beneficial, helping to boost good oral hygiene and improve our health generally.

#### The microbial balance

When the balance is not right and we have too many bad bacteria, we can encounter dental issues such as bad breath, plaque build up and tooth decay. The more good bacteria we have in our oral cavity, the better our oral hygiene.



## How do dental probiotics work?

Dental probiotics are good bacteria which help establish the balance we need for a healthy oral cavity. They crowd out and fight the bad bacteria to maintain a healthy mouth, teeth and gums.

### **How Luvbiotics works**

The probiotics in the Luvbiotics range are known as Lactobacillus, specially selected for their proven dental benefits. They promote good bacteria, helping to prevent dental issues and maintain oral hygiene.

